



## *Catering Guide*





## *Breakfast Selections*



### ***Continental Breakfast \$6.65***

Chef's Selection of Assorted Breakfast Pastries, Chilled Orange Juice, Regular & Decaf Coffee

### ***Parfait & Breakfast Breads \$9.25***

Seasonal Fresh Fruit, Assorted Breakfast Breads, Low Fat Yogurt and Granola., Orange Juice, Regular & Decaf Coffee

### ***Hot Breakfast Buffet \$12.15***

Includes Scrambled Eggs, Home Fried Potatoes, Bacon or Sausage, Chilled Orange Juice, Regular & Decaf Coffee

### ***Savory & Sweet Buffet \$14.85***

Egg Strata, Choice of Bacon, Sausage or Ham, Breakfast Potatoes, Fresh Fruit Salad, Scones, Regular & Decaf Coffee.

### ***Enhancements***

Seasonal Fresh Fruit Salad \$1.55

Individual Yogurt Cups \$2.10

Whole Fresh Fruit \$1.25

Granola or Nutri Grain Bars \$1.25

Home Style Gravy and Fresh Baked Biscuits with Butter and Jelly \$2.10





## Boxed Lunch Selections

### ***Signature Box Lunch \$12.15***

Includes your Choice of Sandwich,  
Assorted Bag of Chips,  
Choice of Pasta Salad or Fresh Fruit Salad,  
Gourmet Cookies,  
Assorted Bottled Beverages.



### ***Sandwich Options:***

Chicken Salad on Croissant  
Oven Roasted Turkey with Pesto Mayo on Pretzel Bread  
Baked Ham & Swiss with Honey Mustard on Marble Rye  
Roast Beef with Horseradish Spread on Onion Roll  
Grilled Chicken Breast with Chipotle Aioli on Kaiser Roll  
Italian Stacker (Roast Beef, Turkey, Ham & Provolone)  
with Italian Dressing on Ciabatta Roll  
Grilled Vegetable Wrap with Roasted Red Pepper Sauce  
Grilled Chicken Caesar Wrap  
BLT Wrap

### ***Salad Box Lunch \$12.15***

Includes your Choice of Salad with assorted crackers,  
Fresh Fruit Salad  
Gourmet Cookies  
Assorted Bottled Beverages

### ***Salad Options:***

Grilled Chicken Caesar  
Chef Salad  
Grilled Chicken Cobb

\*NO SUBSTITUTIONS







## *Plated Lunch Selections*



### ***Grilled Chicken Caesar Wrap \$16.65***

Sliced Grilled Chicken Breast, Romaine Lettuce, Shredded Parmesan Cheese & Classic Caesar Dressing Rolled in a Flour Tortilla. Served with Fresh Fruit Cup or Potato Chips. Chef's Selection of Gourmet Dessert. Iced Tea and Water

### ***Fiesta Chicken Salad \$7.75***

Mixed Salad Greens Tossed with Pico de Gallo, Black Beans, Corn, Colby Jack, Scallions & Fresh Cilantro. Topped with Grilled Chicken and Crispy Tortilla Strips. Dinner Rolls and Butter. Chef's Selection of Gourmet Dessert. Iced Tea and Water

### ***Beef Tenderloin Cobb Salad \$22.10***

Mixed Salad Greens with Tomato, Bacon Bits, Hard Boiled Egg, Avocado & Gorgonzola Cheese. Topped with Sliced Beef Tenderloin Strips (May Substitute Sliced Grilled Chicken). Served with Choice of Balsamic Vinaigrette or Bleu Cheese Dressing. Dinner Rolls & Butter. Chef's Selection of Gourmet Dessert. Iced Tea and Water

### ***Oriental Chicken Salad \$17.75***

Oriental Salad Greens Tossed with Water Chestnuts, Green Onion, Slivered Pea Pods, Shredded Carrots. Topped with Chow Mein Noodles and a Sesame Ginger Dressing. Dinner Rolls & Butter. Chef's Selection of Gourmet Dessert. Iced Tea and Water

### ***Spinach & Mixed Greens Salad \$24.95***

Fresh Leaf Spinach & Mixed Greens, Dried Cranberries Spiced Walnuts, Red Onion & Bleu Cheese. Served with Platters of Sliced Grilled Chicken, Shrimp & London Broil. Citrus Vinaigrette & Herbed Ranch Dressing. Dinner Rolls & Butter. Chef's Selection of Gourmet Dessert. Iced Tea & Water.





# Cold Buffet Selections

Buffet Requires a Minimum of 15 People.

## ***Chef Salad Buffet \$11.15***

Crisp Mixed Greens Accompanied by Turkey, Ham, Cheddar Cheese, Hard Boiled Eggs, Cucumbers, Tomatoes, Sliced Black Olives & Croutons. Served with Ranch and Italian Dressing. Dinner Rolls and Butter. Assorted Cookies or Brownies. Choice of Iced Tea or Lemonade.

## ***Chicken & Salmon Salad Buffet \$14.75***

Fresh Romaine, Grilled Chicken & Grilled Salmon, Tomato Wedges, Hard Boiled Eggs, Croutons & Parmesan Cheese. Served with Caesar Dressing & French Dressing. Dinner Rolls & Butter. Assorted Cookies or Brownies. Choice of Iced Tea or Lemonade

## ***American Deli Buffet \$11.15***

Sliced Ham, Turkey & Roast Beef, Swiss and American Cheese. Lettuce, Tomato and Pickles. Served with a Selection of Bread and Rolls. Choice of Potato Salad, Pasta Salad or Potato Chips. Assorted Cookies or Brownies. Choice of Iced Tea or Lemonade.

## ***Chicken Caesar Salad \$11.15***

Fresh Romaine Lettuce, Sliced Grilled Chicken Breast, Tomato Wedges, Hard Cooked Eggs & Croutons. Served with Caesar Dressing. Rolls & Butter. Assorted Cookies or Brownies. Choice of Iced Tea or Lemonade.

## ***Assorted Wrap Buffet \$13.25***

Fresh Fruit Salad  
Chicken Caesar Wrap  
BLT Wrap  
Veggie Wrap  
Hummus with Pita Chips  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## ***Assorted Sandwich Buffet \$12.25***

Soup of the Day or Tossed Salad.  
Choice of Two Sandwiches.  
Choice of Potato Salad, Pasta Salad or Potato Chips.  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## **Enhancements To Any Menu:**

Soup of the Day \$2.85  
Fresh Fruit Salad \$1.55

## **Sandwich Options:**

Roast Beef with Horseradish on Onion Roll  
Oven Roasted Turkey on Pretzel Bread  
Grilled Chicken Breast on Kaiser Roll  
Turkey Club Croissant





# Hot Buffet Selections

Buffet Requires a Minimum of 15 People.

## ***Taco Buffet \$12.15***

Seasoned Beef, Spanish Rice & Refried Beans.  
Served with Soft Flour Tortillas & Hard Shell Tortillas  
with Shredded Lettuce, Tomatoes, Salsa, Sour Cream,  
Jalapeno Peppers and Colby Jack Cheese.  
Assorted Cookies or Brownies  
Iced Tea or Lemonade.

## ***Baked Potato Bar \$12.15***

Tossed Salad  
Individual Baked Potatoes Served with Broccoli, Chili,  
Scallions, Crumbled Bacon, Sour Cream & Shredded  
Cheddar Cheese.  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## ***Beef Philly Buffet \$12.15***

Choice of Soup or Salad.  
Sliced Beef with Grilled Onions, Mushrooms,  
Grilled Sliced Green Pepper & Monterey Jack  
Cheese Sauce. Served with Hoagie Rolls.  
Potato Chips.  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## ***Grilled Chicken Buffet \$13.25***

Italian Salad.  
Seasoned Herbed Chicken Breast  
Pasta Primavera.  
Bread Sticks.  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## ***Pasta Station Buffet \$12.15***

Pasta Du Jour with Meat Sauce and  
Alfredo Sauce.  
Served with Italian Salad  
and Garlic Bread.  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## ***BBQ Buffet \$12.15***

Choice of Three of the Following:  
Grilled Hamburgers  
Bratwurst  
Hot Dogs  
Garden Burgers  
Served with Buns. Choice of Potato Salad,  
Pasta Salad or Potato Chips.  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## ***Smoke House Buffet \$14.25***

Ranch Salad, Smoked Brisket & BBQ Pork  
Served with Sandwich Buns.  
Choice of Potato Salad, Pasta Salad or  
Potato Chips.  
Choice of Corn on the Cobb or Baked Beans  
Assorted Cookies or Brownies.  
Choice of Iced Tea or Lemonade.

## **Enhancements:**

Soup of the Day \$2.85  
Fresh Fruit Salad \$1.55





## Plated Dinner Selections

### *Salad Options:*

#### ***Wild Greens***

Seasonal Wild Greens with Caramelized Walnuts, Red Onion, Fresh Berries and Feta Cheese with a Raspberry Vinaigrette Dressing on the Side.

#### ***Classic Caesar***

Crisp Romaine Lettuce with Tomato Wedges, Shredded Parmesan & Homemade Croutons . Served with Classic Caesar Dressing.

#### ***Spinach Salad***

Fresh Leaf Spinach Tossed with Hot Bacon Dressing, Garnished with Sliced Mushroom, Hard Boiled Egg and Red Onion.

#### ***Italian Salad***

Crisp Italian Greens Tossed with Roasted Red Pepper, Artichoke Hearts, Pepperoncini Peppers and Parmesan. Served with Italian Dressing.

#### ***Tossed Salad***

Iceberg Lettuce, Cherry Tomatoes, Shredded Carrots & Red Onion Served with your Choice of Dressing.

\*China required for all Plated Meals

#### ***Roasted Prime Rib Dinner \$27.50***

Slow Roasted Prime Rib with Seasoned Au Jus. Twice Baked Potato and Asparagus. Choice of Salad. Rolls and Butter. Chef's Selection of Gourmet Dessert. Iced Tea, Ice Water and Coffee.

#### ***Beef Tenderloin Dinner \$31.15***

Slow Roasted Beef Tenderloin with Bordelaise Sauce and Wild Mushroom Ragout. Served with Oven Roasted Rosemary Potatoes & Fresh Vegetable Medley. Choice of Salad. Rolls & Butter. Chef's Selection of Gourmet Dessert. Iced Tea, Ice Water & Coffee.

#### ***Chicken Capri Dinner \$25.75***

Boneless Breast of Chicken Served with a Warm Sundried Tomato Vinaigrette. Served with Oven Roasted Red Potatoes and Green Beans Almandine. Choice of Salad. Rolls and Butter. Chef's Selection of Gourmet Dessert. Iced Tea, Ice Water and Coffee.







# Dinner Buffet Selections

Buffet Requires a Minimum of 15 People

## *Salad Options:*

### ***Wild Greens***

Seasonal Wild Greens with Caramelized Walnuts, Red Onion, Fresh Berries & Feta Cheese. Served with a Raspberry Vinaigrette Dressing.

### ***Classic Caesar***

Crisp Romaine Lettuce Tossed with Shredded Parmesan & Homemade Croutons. Served with Classic Caesar Dressing.

### ***Spinach Salad***

Fresh Leaf Spinach Tossed with Hot Bacon Dressing. Garnished with Sliced Mushroom, Hard Boiled Egg & Red Onion.

### ***Italian Salad***

Crisp Italian Greens Tossed with Roasted Red Pepper, Artichoke Hearts, Pepperoncini Peppers & Parmesan. Served with Italian Dressing.

### ***Tossed Salad***

Iceberg Lettuce, Cherry Tomatoes, Shredded Carrots & Red Onion. Served with Choice of Dressing.

### ***Chicken Parmesan Dinner \$14.40***

Italian Salad.  
Fresh Vegetable Medley.  
Breaded Boneless Chicken Breast with House Marinara and Provolone Cheese.  
Served with Baked Cheese Manicotti and Chef's Selection of Gourmet Dessert.  
Iced Tea or Lemonade.

### ***Carved Beef & Chicken Dinner \$20.80***

Wild Greens Salad.  
Seasonal Vegetable Blend & Roasted Red Potatoes.  
Sliced Roast Beef with a Demi Glaze Sauce & Sliced Chicken Breast.  
Chef's Selection of Gourmet Dessert.  
Iced Tea or Lemonade

### ***Pork Loin Dinner \$17.85***

Spinach Salad.  
Sliced Pork Loin Served with Au Gratin Potatoes, & a Medley of Squash & Green Beans.  
Chef's Selection of Gourmet Dessert.  
Iced Tea or Lemonade.

### ***Grilled Chicken Breast Dinner \$15.40***

Classic Caesar Salad.  
Rice Pilaf & Fresh Vegetable Medley.  
Boneless Skinless Chicken Breast Prepared Marsala Style, Piccata Style or Grilled with Supreme Sauce.  
Chef's Selection of Gourmet Dessert.  
Iced Tea or Lemonade.





# Hors D' Oeuvres



## **Dips and Snacks** (Serves 25 People)

- Spinach & Artichoke Dip with Pita Chips \$27.95
- Mexican Layer Dip with Tortilla Chips \$10.25
- Trio of Spreads: hummus, feta & black olive, tomato pico with pita chips \$56.25
- Buffalo Chicken Dip with Tortilla Chips \$28.75
- Potato Chips with French Onion Dip \$10.25
- Tortilla Chips with Salsa \$10.25
- Energy Trail Mix \$11.85
- Pretzels \$10.25
- Goldfish Crackers \$10.25
- Gardetto's \$10.25
- Berry & Nut Snack Mix \$11.85 (4 servings)

## **Hors D'Oeuvres** (By the Dozen) (Minimum Order 3 Dozen)

- Swedish or BBQ Meatballs \$8.35
- Buffalo Chicken Drummies \$8.35
- BBQ Chicken Drummies \$8.35
- Assorted Mini Quiche \$11.65
- Toasted Ravioli with Marinara \$11.65
- Crab Rangoon \$11.65
- Potstickers with Soy Sauce \$14.10
- Veggie Quesadillas with Salsa \$14.10
- Chicken Quesadilla with Salsa \$14.10
- Chicken Tenders with Honey Mustard \$14.10
- Stuffed Mushrooms \$14.10
- Veggie Eggrolls \$14.10
- Assorted Dollar Roll Sandwiches \$14.10
- Assorted Pinwheel Sandwiches \$16.65
- Spanikopita \$16.65
- Antipasto Kebobs \$16.65
- Seared Sesame Beef Satay  
with Asian Glaze \$16.65
- Chicken Bouchee \$20.00
- BLT Stuffed Cherry Tomatoes \$20.00
- Stuffed Artichoke Hearts \$20.00
- Shrimp Cocktail \$20.00
- Bruschetta \$20.00

## **Party Trays** (Serves 25 People)

- Bread Bowl with Spinach Dip \$24.95
- Assorted Cheese Tray with Crackers \$39.25
- Vegetable Tray with Ranch or Dill Dip \$39.25
- Seasonal Fresh Fruit Tray \$40.65
- Assorted Cheese, Fruit and Cracker Tray \$52.65
- Summer Sausages , Cheese and Cracker Tray \$63.55
- Brie en Croute with Bread \$39.80
- Grilled Vegetable Tray \$68.75
- Artisian Cheese and Crackers \$137.50



# Desserts

## ***Bakery Items (by the dozen)***

Gourmet Cookies	\$10.50
Doughnuts	\$10.50
Brownies	\$11.60
Dessert Bars	\$11.60
Rice Krispie Treats	\$11.60
Cupcakes	\$15.00
Mini Pastries	\$15.15
Scones	\$15.15
Assorted Mini Muffins	\$15.15
Paw Print Cookies	\$24.00
Assorted Muffins	\$24.90
Assorted Bagels	\$24.90
Assorted Breakfast Breads	\$24.90



## ***Stationed Desserts (by the dozen)***

Assorted Mini Desserts	\$16.15
Chocolate Dipped Strawberries	\$19.40
Chocolate Seduction Bites	\$19.40
Assorted Mini Cheesecakes	\$19.40
Assorted Upscale Mini Desserts	\$19.40
Mini Parfaits	\$24.40
Taster Spoons	\$24.40



## ***Stationed Desserts (per person)***

Ice Cream Sundae Bar	\$3.75
Banana Split Bar	\$4.75
Candy Bar (4-5 Assorted Candies)	\$3.95
Strawberry Delight Parfait	\$4.25
Brownie Parfait	\$4.25







## *Drinks and Miscellaneous*



### ***16" Pizza (8 slices per pizza)***

Cheese	\$14.25
Pepperoni	\$14.25
Sausage	\$14.25
Meat Lovers	\$15.25
Supreme	\$15.25

### ***Party Subs \$13.35 (Per Foot)***

*Serves Three People*

#### ***American Sub***

Ham, Salami, Bologna and American Cheese with Mustard and Mayonnaise

#### ***Italian Sub***

Salami, Pepperoni, Capicola Ham and Provolone Cheese with an Italian Spread.


#### ***Vegetable Sub***

Roasted Vegetables with a Red Pepper Sauce



### ***Beverages***

Assorted Bottled Soda, Pepsi Products	\$1.20
Bottled Water 12oz.	\$1.20
Classic Fruit Punch	\$13.25 per gallon
Lemonade	\$13.25 per gallon
Orange Juice	\$13.25 per gallon
Regular Coffee	\$13.25 per gallon
Decaffeinated Coffee	\$13.25 per gallon
Iced Tea	\$13.25 per gallon





## Afternoon Snacks



### ***Maryville Break \$4.55***

Fresh Baked Cookies  
Fudge Brownies  
Individual Bags of Potato Chips or Pretzels  
Assorted Bottled Beverages



### ***Healthy Break \$7.50***

Seasonal Fresh Fruit Tray  
Nutri Grain Bars and Granola Bars  
Individual Size Yogurt  
Bottled Water


### ***Snack Attack \$5.25***

Pretzels, Mixed Nuts, Goldfish Crackers &  
Garden of Eatin's Snack Mix  
Assorted Bottled Beverages



### ***South of the Border Break \$7.45***

Black Bean Salsa, Pico de Gallo  
& Guacamole with Tortilla Chips  
Assorted Bottled Beverages







## Bar Service

*Fresh Ideas is the holder of the Liquor License and must be the purchaser and server for alcohol service provided at Maryville University.  
Donated Alcohol is not permitted at any venue on the campus.*



### ***Drinks***

Soda or Bottled Water	\$1.00 Per Glass
Beer	\$3.00 Per Bottle
Wine	\$4.00 Per Glass
Mixed Drinks	\$5.00 Per Glass

### ***Bartender Fee***

Two Hours of Service Provided

### ***Beer, Wine and Soda Bar***

1 Bartender per 100 Guests	\$80.00
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### ***Full Bar Service***

1 Bartender per 50 Guests	\$80.00
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### ***Cash Bar***

1 Bartender per 75 Guests	\$125.00
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### ***Set Up Fee***

Beer, Wine and Soda Only	\$50.00
Full Bar	\$100.00



