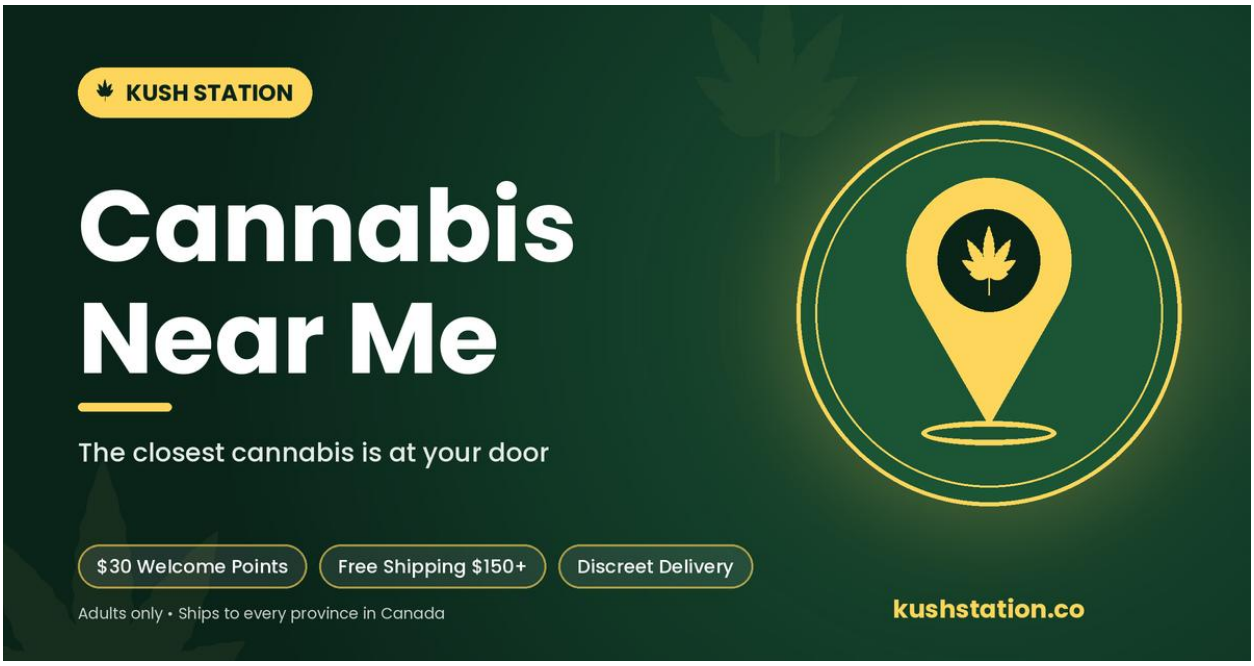
Coming Back to Cannabis After Years Away? Here's What's Changed



Maybe you enjoyed cannabis in your twenties, then life got busy: careers, kids, mortgages. Now, years or even decades later, you're curious again. You'll find that a lot has changed. The products are different, the shopping is different and, importantly, the strength can be very different from what you remember.

Here are answers to the questions returning consumers ask most.

Frequently asked questions

Is today's cannabis stronger than it used to be?

Often, yes. Many modern strains have considerably higher THC than what was common decades ago. That's the single most important thing to know as a returning consumer. Start low and go slow, even if you used to consider yourself experienced.

What are all these new product types?

The days of a single bag of mystery flower are gone. Today you'll find:

- **Flower** graded by quality tier
- **Pre-rolls,** ready to enjoy
- **Edibles** of many kinds
- **Vape pens,** compact and discreet

- **Concentrates** like hash, shatter, live resin, diamonds and distillate
- **CBD products, oils and topicals** for people who want a gentle experience

What do indica, sativa and hybrid mean?

Indica is often associated with relaxing effects, sativa with uplifting effects and hybrids with a blend of the two. They're useful starting points, though everyone reacts a little differently.

What do the quality tiers mean?

At Kush Station, flower is graded as craft, AAAA, AAA, AA and popcorn. Craft and AAAA are premium, AAA is a solid everyday choice and AA and popcorn are great for value. All of it comes from multiple BC farms.

Do I still have to go to a store?

Not at all. Instead of searching for a cannabis store near me, many returning consumers now order from Kush Station, a Canadian-owned online shop based in Burnaby, BC. Orders ship by Canada Post Xpresspost to every province, usually within one to three business days, with tracking, in plain, non-revealing packaging packed to contain odours.

What's a good first product to try?

Many returning consumers start with a lower-THC flower, a CBD-balanced product or a single pre-roll. With edibles, start with a small amount and wait, because they can take a long time to kick in. Ask a budtender for personal recommendations.

What if I take medication?

Talk to your doctor or pharmacist before using cannabis. It can interact with some medications.

Can I get advice?

Yes. Kush Station's budtenders are available daily from 6 AM to 6 PM PST, live chat is open seven days a week and email support is at help@kushstation.co. Tell them it's been a while; they'll help you ease back in.

How do I pay?

Interac e-Transfer, cryptocurrency or Kush Points.

Are there any perks for new customers?

Yes. You'll get $30 in Kush Points on sign-up, plus points on every dollar spent, extra rewards for reviews and referrals and free gifts with orders. Orders of $150 or more ship free.

Welcome back

Cannabis is for adults only, so make sure you meet your province's minimum age. Take it slow, ask questions and enjoy rediscovering cannabis. Sign up with Kush Station, claim your $30 in Kush Points and ease back in at your own pace.