

UNOFFICIAL DEGREE PLANNING SHEET

Psychology (Pre-Occupational Therapy Program)

Student Name _____ I.D. # _____ Registrar Signature _____

GENERAL EDUCATION	T	M	PSYCHOLOGY (Pre-Occupational Therapy)	T	M
I. Skills/Processes for Literacy (5 courses)			Required Psychology Courses: (21 credits)		
A. INTD 101 University Seminar			PSYC 101 General Psychology		
B. ENGL 101 Writing Across the Disciplines I: Rhetorical Situations			PSYC 254 Human Development thru Lifespan		
C. ENGL 104 Writing Across the Disciplines II: Research & Argument			PSYC 321 Abnormal Psychology		
D. MATH 116 Intermediate Algebra			PSYC 325 Social Psychology		
E. COMM 110 Public Speaking			PSYC 365 Multicultural Psychology		
			PSYC 435 Human Cognition		
			PSYC 451 Biological Psychology		
II. Humanities (5 courses)					
A. Fine Arts: FPAR, ADSA, MUS, ADAH					
B. Literature/Language: ENGL or Foreign Language					
C. Philosophy:					
D. Humanities Elective: ADAH, ADSA, ENGL, PHIL, FPAR, HUM, REL, Foreign Language			Social Science Research Sequence (12-18 credits)		
E. Humanities Elective: ADAH, ADSA, ENGL, PHIL, FPAR, HUM, REL, Foreign Language			SOSC 240 Critical Thinking in the Social Sciences		
			Choose A or B:		
			A) SOSC 242 Research Methods (3 cr; on-ground only)		
			B) SOSC 245 Research Design (6 cr; online only)		
III. Social Science (3 courses)					
A. History or Political Science HIST, PSCI					
B. Social Science Elective (HIST, PSCI, PSYC, SOC) (Note: PSYC 101 can fulfill this elective)					
C. Social Science Elective (HIST, PSCI, PSYC, SOC) (Note: SOC 101 or SOC 102 can fulfill this elective)			SOSC 341 Understanding Statistical Inference		
IV. Natural Science/Quantitative Reasoning (2 courses)			Choose A or B: SOSC 480 Senior Seminar		
A. Science Course: BIOL, CHEM, FRSC, PHYS, SCI, SUST (Note: BIOL 101 can fulfill this requirement)			A) SOSC 480 Senior Seminar (3 cr; on-ground only)		
B. Additional Math (above Math 115) or Science Course (Note: BIOL 102 can fulfill this requirement)			B) SOSC 485 Senior Project (6 cr; online only)		
Recommended Courses: *					
OT programs have a differing set of prerequisites depending on the specific institution. Some of the more common are listed below:			Psychology Elective (Must achieve a minimum of 39 credits in major)		
CHEM 103 – General Chemistry I (MATH 117 corequisite; satisfied by MATH 125 prerequisite)			PSYC XXX: Elective		
BIOL 117 General Biology I OR BIOL 103 Intro to Biology			PSYC XXX: Elective		
MATH 125 College Algebra & Trig			Additional Required Courses for Pre-OT		
PHYS 103 General Physics I (MATH 125 prerequisite) OR PHYS 153 Calculus- Based Physics I (MATH 151 prerequisite)			BIOL 101 – Human Anatomy and Physiology I		
PSYC 311 Child Psychology			BIOL 102 – Human Anatomy and Physiology II		
OCTH 200 – Introduction to Occupational Therapy (F, year 2)			HEPR 108 – Medical Terminology		
OCTH 202 – Occupation of Self (spring, year 2)					
OCTH 303 – Understanding Occupations of Others (F, year 3)			PHIL 325 – Ethics and Decision Making		
OCTH 304 – Using Occupation as Therapy (S, Year 3)			Choose one of the following:		
OCTH 200 – Introduction to Occupational Therapy (F, year 2)			SOC 101 – Social Thought and Analysis		
			SOC 201 – Introduction to Anthropology		

Note: Verify the prerequisites for the programs you intend to apply to early in your academic career. Also, understand that GPA is important for admission. Courses like Physics are only required at certain institutions, and if the best you think you can earn in a recommended course is a C, think carefully about taking that course. It may be more beneficial to choose a different program to apply to and maintaining a better GPA.

128 Credit Hours _____ ; 60 Credit hours completed at a 4-year institution _____ ; Last 30 hours Residency _____
 Major (Minimum 1/2 of the major credit hours in residency) _____ ; Minor (Minimum 1/2 of the minor credit hours in residency) _____